

Instructions for Use for Miru 1day Menicon Flat Pack (hioxifilcon A)

Important: Please read this "Instructions for Use" carefully and keep this information for future use.

INTRODUCTION

These instructions apply to Miru 1day Menicon Flat Pack (hioxifilcon A) brand contact lenses. Your contact lenses are intended to be used for daily wear single use only. Miru 1day Menicon Flat Pack contact lens is a blue tinted soft hydrophilic contact lens. Miru 1day Menicon Flat Pack is especially easy to handle. Its high water content guarantees both excellent comfort and allows more oxygen to reach your cornea. Miru 1day Menicon Flat Pack contact lenses are distributed as sterile lenses immersed in buffered saline solutions within a Flat Pack.

INDICATIONS AND WEARING RESTRICTIONS

Miru 1day Menicon Flat Pack brand contact lenses are indicated for daily wear for the correction of refractive ametropia (myopia, hyperopia) in non-aphakic persons with non-diseased eyes.

The lens is intended to be worn once and then discarded at the end of each wearing period on a daily basis.

CONTRAINDICATIONS

Do not use Miru 1day Menicon Flat Pack brand contact lenses in any of the following conditions:

- Acute and subacute inflammation or infection of the anterior chamber of the eye
- Any disease, injury, or abnormality that affects the cornea, the conjunctiva or eyelids
- Severe lacrimal secretion insufficiency (dry eyes)
- Corneal hypoesthesia (reduced corneal sensitivity)
- Any systemic disease that may adversely affect the eye by wearing contact lenses
- Allergic reactions that may be induced or exaggerated by wearing contact lenses.
- Any active corneal infection
- Red or irritated eye
- Incomplete corneal healing following eye surgery

WARNINGS

You should be advised of the following warnings pertaining to contact lens wear:

- Problems arising from contact lens use could result in serious injury to the eye. It is essential that you follow your Eye Care Professional (or Practitioner) and lens manufacturer recommendations for appropriate use of the lens. Eye problems, including corneal ulcers, can develop rapidly and can lead to permanent loss of vision.
- If you experience eye discomfort, excessive tearing, vision changes, eye redness, or other problems you should immediately remove your lenses and promptly contact your Eye Care Professional (or Practitioner).

PRECAUTIONS

- Always wash and rinse your hands before handling lenses. Avoid cosmetics, lotions, creams or sprays while wearing and handling your lens.
- It is best to insert the lenses before applying cosmetics. Do not touch the lens with fingernails.
- If the lens feels dry on your eye, you should apply a few drops of the recommended lubricating or rewetting solution directly to the eye and wait until the lens begins to move freely before removing it. If lens discomfort continues, you should immediately consult your Eye Care Professional (or Practitioner).
- Always handle lenses carefully and avoid dropping them.
- Avoid all harmful or irritating vapours and fumes while wearing lenses.
- If chemicals are splashed into the eyes, flush the eyes immediately using tap water. Remove lenses promptly and contact your Eye Care Professional (or Practitioner) or visit a hospital emergency room immediately.
- Ask your Eye Care Professional (or Practitioner) about wearing the lens during sport or water activities or in specific occupations.
- Inform your medical doctor that you are a contact lens wearer.
- Always throw away lenses after worn as prescribed by your Eye Care Professional (or Practitioner).
- The Eye Care Professionals (or Practitioner) should review with patients that no cleaning or disinfecting is needed with daily single use lenses. Patients should always dispose of lenses when they are removed and have replacement lenses or spectacles available.
- As with any contact lens, follow-up visits are necessary to assure the continued health of your eyes.
- Always contact your Eye Care Professional (or Practitioner) before using any medicine in your eyes.
- Carefully follow all the recommendations in this Instructions for Use and those prescribed by your Eye Care Professional (or Practitioner).
- Do not apply excessive force to the Flat Pack case.
- Store at room temperature, and avoid freezing.
- Do not sleep in your lenses.

ADVERSE REACTIONS

If any of the following problems occur:

- Eye stinging, burning, itching, or other eye pain
- Continuous foreign body or scratching sensation
- Excessive tearing, unusual eye secretions, redness, reduced visual acuity, blurred vision, halos, photophobia, or dry eyes

You should immediately remove your contact lens, discard, and then insert a new fresh lens on your eye. If the problem continues, a serious condition such as infection, corneal ulcer, neovascularization or iritis may result. Remove lenses and seek prompt treatment to avoid serious eye damage.

PERSONAL LENS HANDLING

- Always wash, rinse and dry your hands thoroughly before touching your lens.

Opening the Flat Pack:

Do not use the lens if the sterile package has been opened, damaged or after the expiry date shown.

1. Open one Flat Pack
2. The upper side of the lens on the disc is the anterior surface of the lens.
3. Carefully remove and inspect the lens following the handling instructions.

Handling the lens:

Develop the habit of always working with the same lens first to avoid mix-ups.

Placing the lens on the eye:

Your Eye Care Professional (or Practitioner) will provide you with a detailed method for lens insertion, but a suggested procedure is as follows:

- Place the lens on the tip of the forefinger of your dominant hand, concave side up.
- Make sure the lens is not turned inside out by placing it on your forefinger and checking its profile.
- Hold your eyelids wide apart by pulling the upper lid with the forefinger of your non-dominant hand and the lower lid with the middle finger of the other hand. Slowly bring your lens up to the eye while looking straight ahead, and gently place the lens on the cornea.
- Do not press the lens against your eye. Look down, release first the upper lid, then the lower lid and blink gently.
- Repeat this procedure for the other lens.

Note: If your vision is blurred after lens insertion, check for the following possible problems:

- The lens is de-centred: In this case, look into the mirror to locate the lens. Gently manipulate the edge of the de-centred lens on the cornea while the eye is opened, using finger pressure on the edge of the upper or lower lid until the lens is centred.
- If the lens is centred, you should remove the lens:
 - In the event that the lens surface is dirty.
 - The lens is on the wrong eye.
 - The lens has been inserted inside out on the eye.

If your vision is still blurred after checking the above possibilities, remove the lens and consult your Eye Care Professional (or Practitioner).

If it is markedly uncomfortable upon insertion, remove the lens immediately and contact your Eye Care Professional (or Practitioner).






Removing the lens:

- Wash, rinse, and dry your hands thoroughly.
- Hold a mirror above the eye, keep the head straight, and look upwards to see the eye in the mirror.
- Pull down the lower lid with the middle finger and place your forefinger on the lower edge of the lens.
- Slide the lens down to the lower white part of the eye.
- Gently pinch the lens between the thumb and forefinger.
- Remove the lens.
- Repeat the same procedure for the other lens.

PRECARE FOR YOUR LENSES

There is no cleaning or disinfection needed with Miru 1day Menicon Flat Pack brand contact lenses. Always dispose the lenses when they are removed and have replacement lenses or spectacles available.

Your Eye Care Professional (or Practitioner) may recommend a lubricating/rewetting solution for your use. Lubricating/rewetting solutions can be used to wet (lubricate) your lenses while you are wearing them to make them more comfortable.

SYMBOL				
DEFINITION	Consult Instructions for Use	Do not reuse	Batch Code	Use by Date (Expiry Date)
SYMBOL	DIA	BC	P	
DEFINITION	Diameter	Base Curve	Dioptre (lens power)	Sterile Using Steam or Dry Heat

 Manufacturer:

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<Note: If the product is released in French market, the initial year of CE declaration should be mentioned in IFU.;2011:>

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