

PLEASE READ CAREFULLY AND KEEP THIS PACKAGE INSERT FOR FUTURE USE IN CASE YOU HAVE A PROBLEM



**puremoist**  
MULTI-PURPOSE DISINFECTING SOLUTION

Provides comfort and moisture from insertion to removal  
**Cleans, Reconditions, Rinses, Disinfects, Stores**  
Removes protein deposits  
Reduces lipid deposition  
For silicone hydrogel and soft (hydrophilic) contact lenses  
Sterile

For optimal results, follow these directions for care of your lenses with **OPTI-FREE® PUREMOIST® Solution**:

- Thoroughly wet each side of the lens with **OPTI-FREE® PUREMOIST® Solution**. Rub the lens for 20 seconds.
- Rinse each side of the lens for 10 seconds with a steady stream of **OPTI-FREE® PUREMOIST® Solution**.
- Fill your ALCON® Lens Case with fresh **OPTI-FREE® PUREMOIST® Solution**.

Store lenses in the closed lens case overnight or at least 6 hours. After soaking, lenses are ready to wear.

If any debris remains on contact lenses, rinse with **OPTI-FREE® PUREMOIST® Solution** prior to lens insertion. You may leave your lenses in the unopened lens case containing **OPTI-FREE® PUREMOIST® Solution** for up to 30 days. After this time, your lenses must be cleaned and disinfected with **OPTI-FREE® PUREMOIST® Solution** prior to wear. Always follow your eye care professional's instructions. Do not change your directions for care of your lenses or your lens care solution without consulting your eye care professional.

#### DESCRIPTION:

**OPTI-FREE® PUREMOIST® Solution** is a sterile, buffered, aqueous solution containing sodium citrate, sodium chloride, boric acid, sorbitol, aminomethylpropanol, disodium EDTA, two wetting agents (TETRONIC® T304† and HydraGlyde® Moisture Matrix [EOBO-41®- polyoxyethylene-polyoxybutylene]) with POLYQUAD® (polyquaternium-1) 0.001% and ALDOX® (myristamidopropyl dimethylamine) 0.0006% preservatives. HydraGlyde® Moisture Matrix is a proprietary multi-functional block copolymer that is primarily designed for wetting and lubricating silicone hydrogel lenses.

#### ACTIONS:

When used as directed **OPTI-FREE® PUREMOIST® Solution**:

- Cleans by removing protein deposits and reducing lipid deposition from your lenses during disinfection and storage.
- POLYQUAD® and ALDOX® dual disinfectants reduce harmful microorganisms that can cause eye infections.
- Is used to rinse and recondition your silicone hydrogel and soft (hydrophilic) contact lenses.
- Is formulated to disinfect and store lenses for up to 30 days after disinfection.

Do not store your lenses in saline solution in place of **OPTI-FREE® PUREMOIST® Solution**. Saline solution will not disinfect lenses.

#### MOISTURE, LUBRICITY, HYDRATING AND CLEANING BENEFITS FOR LENS WEAR

**OPTI-FREE® PUREMOIST® Solution:**

- Provides comfort and moisture from insertion to removal. HydraGlyde® Moisture Matrix works independently of your tear film to keep moisture on your lenses.
- Maintains a cushion of moisture that allows your eyelid to glide over the surface of the lens without irritation.
- Keeps the lens hydrated throughout the day.
- Binds to dry areas of the lenses to reduce lipid deposition.
- Reduces lipid deposition and removes protein deposits for clean and fresh lenses.

#### INDICATIONS (USES):

For use in the daily cleaning, reconditioning, rinsing, removing protein deposits, reducing lipid deposition, chemical (not heat) disinfection, and storage of silicone hydrogel and soft (hydrophilic) contact lenses as recommended by your eye care practitioner.

Includes a lens case for storage of silicone hydrogel and soft (hydrophilic) contact lenses during chemical disinfection. Use for storage during chemical disinfection only.

#### CONTRAINDICATIONS (REASONS NOT TO USE):

If you are allergic to any ingredient in this product, do not use.

#### WARNINGS:

Problems with contact lenses and lens care products could result in serious injury to the eye. It is essential that you follow your eye care practitioner's directions and all labeling instructions for proper use and care of your lenses and lens care products, including the lens case. Eye problems, including corneal ulcers, can develop rapidly and lead to loss of vision. Daily wear lenses are not indicated for overnight wear and should not be worn while sleeping. Clinical studies have shown the risk of serious adverse reactions is increased when these lenses are worn overnight. Extended wear lenses should be regularly removed for cleaning and disinfection or for disposal and replacement on the schedule prescribed by your eye care practitioner. Clinical studies have shown that there is an increased incidence of serious adverse reactions in extended wear contact lens users as compared to daily wear contact lens users. Studies have also shown that the risk of serious adverse reactions increases the longer extended wear lenses are worn before removal for cleaning and disinfection or for disposal and replacement. Studies have also shown that smokers have a higher incidence of adverse reactions. If you experience eye discomfort, excessive tearing, vision changes, redness of the eye, immediately remove your lenses and promptly contact your eye care practitioner. It is recommended that contact lens wearers see their eye care practitioner twice each year or, if directed, more frequently. Lens cases can be a significant source of microbial contamination. To help prevent eye infections, lens cases should be cleaned, rinsed, and air dried every day; and replaced frequently (as recommended by the manufacturer). Use of this lens case with heat may cause warpage. USE FOR STORAGE DURING CHEMICAL DISINFECTION ONLY. DO NOT USE WITH HEAT.

**Re-use of solution or use of water with lenses may lead to contamination resulting in eye injury and potential loss of vision. See below for additional important safety information.**

#### Important Safety Information:

Always follow the product directions for use. Failure to follow product directions may lead to vision loss.

- Visit your eye care practitioner regularly.
- Always wash and dry hands before handling lenses.
- Do not use tap water, bottled water or saliva with lenses or lens case.
- Only use fresh solution to clean and disinfect contact lenses.
- Discard any remaining solution in your lens case after each disinfection cycle. (Never reuse solution).

- Discard any remaining solution six months after first opening.
- Saline or rewetting drops will not disinfect your lenses.
- Always replace your solution and lenses as directed.
- Replace your lens case every one to three months.
- To avoid contamination, do not touch tip of container to any surface. Replace cap after using.
- Not for use with heat (thermal) disinfection.
- Store at room temperature.
- Use before the expiration date marked on the carton and bottle.
- Keep this and all medication out of the reach of children.

#### ADVERSE REACTIONS (POSSIBLE PROBLEMS AND WHAT TO DO):

The following problems may occur: eyes sting, burn or itch (irritation), comfort is less than when lens was first placed on the eye, feeling of something in the eye (foreign body, scratched area), excessive watering (tearing) of the eye, unusual eye secretions, redness of the eye, reduced sharpness of vision (poor visual acuity), blurred vision, rainbows or halos around objects, sensitivity to light (photophobia), or dry eyes.

#### If you notice any of the above:

Immediately remove your lenses.

- If the discomfort or problem stops, then look closely at the lens.
- If the lens is in any way damaged, DO NOT put the lens back on your eye. Place the lens in the storage case and contact your eye care practitioner.
- If the lens has dirt, an eyelash, or other foreign body on it, or the problems stops and the lens appears undamaged, thoroughly clean, recondition, rinse, and disinfect the lens, then reinsert it.
- If the problem continues, immediately remove the lens and consult your eye care practitioner.

If any of the above symptoms occur, a serious condition such as infection, corneal ulcer, neovascularization or iritis may be present. Seek immediate professional identification of the problem and prompt treatment to avoid serious eye damage.

#### HOW SUPPLIED:

Lens case included. **OPTI-FREE® PUREMOIST® Solution** is available for purchase in sterile 2 FL OZ (60 mL), 4 FL OZ (118 mL), 10 FL OZ (300 mL), 14 FL OZ (420 mL), and 16 FL OZ (470 mL) plastic bottles. Bottles and cartons are marked with a lot number and expiration date.

†TETRONIC® is a registered trademark of BASF.

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U.S. Patent Nos. 5,393,491; 5,573,726; 5,631,005; 6,143,799; 6,319,464; 6,365,636; 6,503,497; 6,949,218; and 7,045,095.

Questions or Comments?  
Call 1-800-757-9195

alcon.medinfo@alcon.com  
www.OPTI-FREE.com

Manufactured by:  
Alcon Laboratories, Inc.  
6201 South Freeway  
Fort Worth, Texas 76134  
a Novartis company  
Made in USA

W9011851-0415